



## Scholarship Students



- ROTC Scholarships cannot be activated any earlier than that start of the fall semester. Four year scholarship awardees must contract before the end of the first semester to ensure none of their tuition and fees benefits are affected.
- Once a scholarship cadets arrives on campus, they will need to complete enrollment, have eligibility reviewed and assimilate into the organization. Cadets who are not medically qualified will not be able to contract until qualified through the waiver process, if applicable.

- It typically takes 45 days after the scholarship is activated for the university to receive payments. Until that time, students are fully responsible to tuition and fees. Students must also maintain scholarship eligibility throughout ROTC. Once the university receives payment from the Army, they should reimburse the student. Contact your school for specifics.
- Some universities may have payments plans until the Army pays the university. Check with your university to see if this is possible. For certain nationwide circumstances, (i.e. pandemic) the university will be the best contact on payment holds and other benefits.
- Non-scholarship students will have the opportunity to compete for campus-based scholarships throughout the year. While a scholarship is not guaranteed, we always nominate our most competitive cadets to receive them. Competition is based on participation, GPA, physical fitness and result from a Question and answer session (called a board).

**For more information:** Sean McDonough 617.324.1427 or goarmy@mit.edu

## New Cadet professional Development

Your interest in service put you in a category of about 1% of the nation, military service to the country. Now more than ever, we need your leadership, professionalism, and passion to be an officer of character in the MIT Army ROTC. Through the MIT new Cadet Professional Development Program, your success will immanent.

## Our Summer Program

Through the various virtual platforms, the Cadre and Civilians will host office hours and/or meeting times. You can attend all, some or none based on your availability. Those these sessions, one can expect to gain a better understanding of what to expect as well as get a "leg-up" on their peers from across the country. Discussion about military life, officership, and relationships will help shape the true understanding of why you joined.

## Three Ways Fit – Physically, Mentally, Spiritually

Nothing is better than getting paid to workout and stay fit. ROTC will allow you to exercise your leadership traits while staying mentally fit thru rigorous academic means as well as bring inner spirit of ones self out. Below we provide a great 12-minute workout to prepare for the upcoming year. Do each exercise for 1 minute, with 30 second between exercises:

- Jumping jacks
- Wall Sit
- Push ups
- Abdominal crunch
- Box/chair jumps
- Stationary squats
- Triceps Dip on chair
- Front plank
- ¼ mile run
- Stationary Lunges
- Left side plank
- Right side plank



## Fast Facts about MIT Army ROTC

- Have 4(Harvard, MIT, Tufts Wellesley) of the top 30 colleges and universities in the nation in the program.
- No other Ivy league is the largest cohort of any program.
- Our huge budget, great facilities and \$100,000 classroom are beyond compare
- Unique opportunities combined with multiple VIP and DV visits alone
- Highest OML in the Nation